Counseling and Prevention Services (CAPS)

CAPS Director Report FY2020

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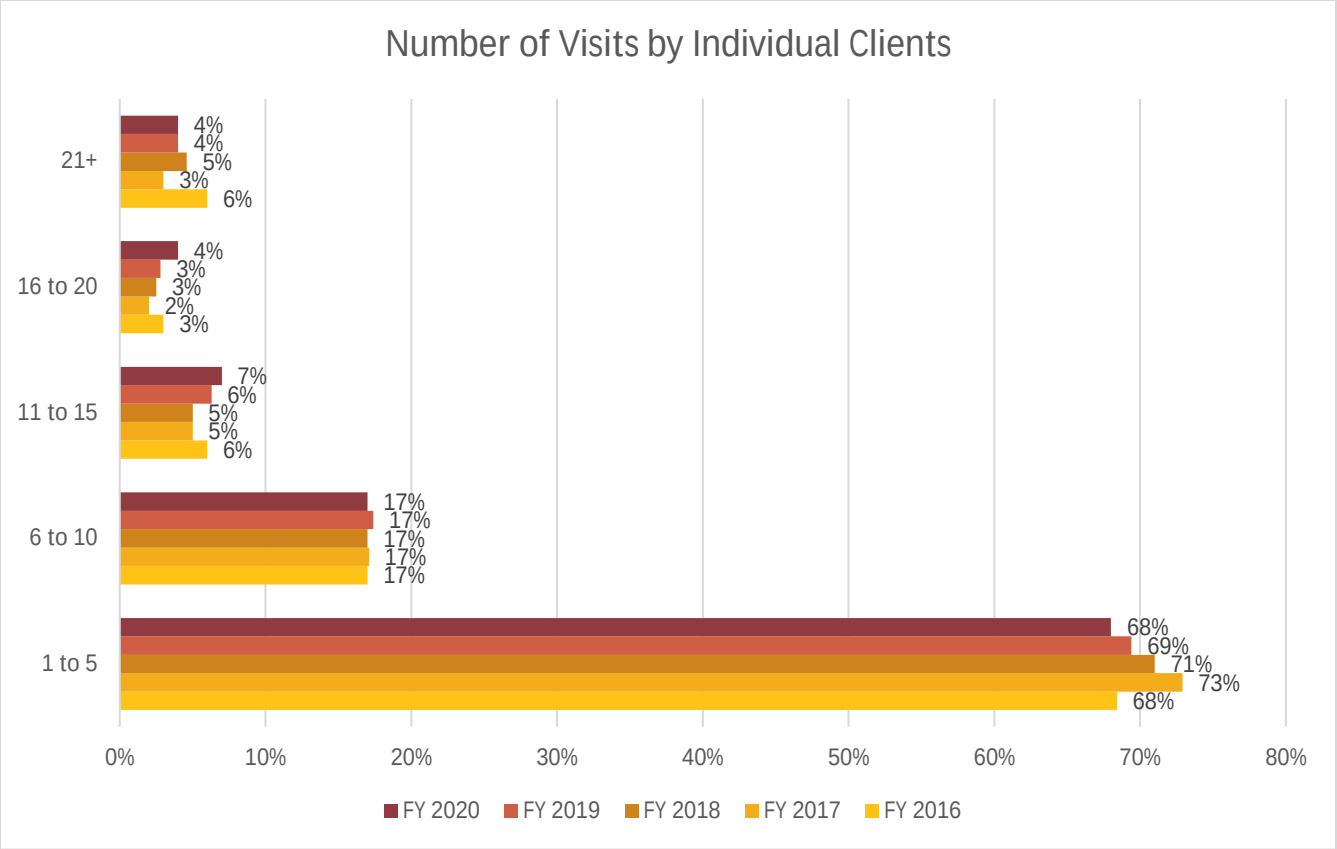
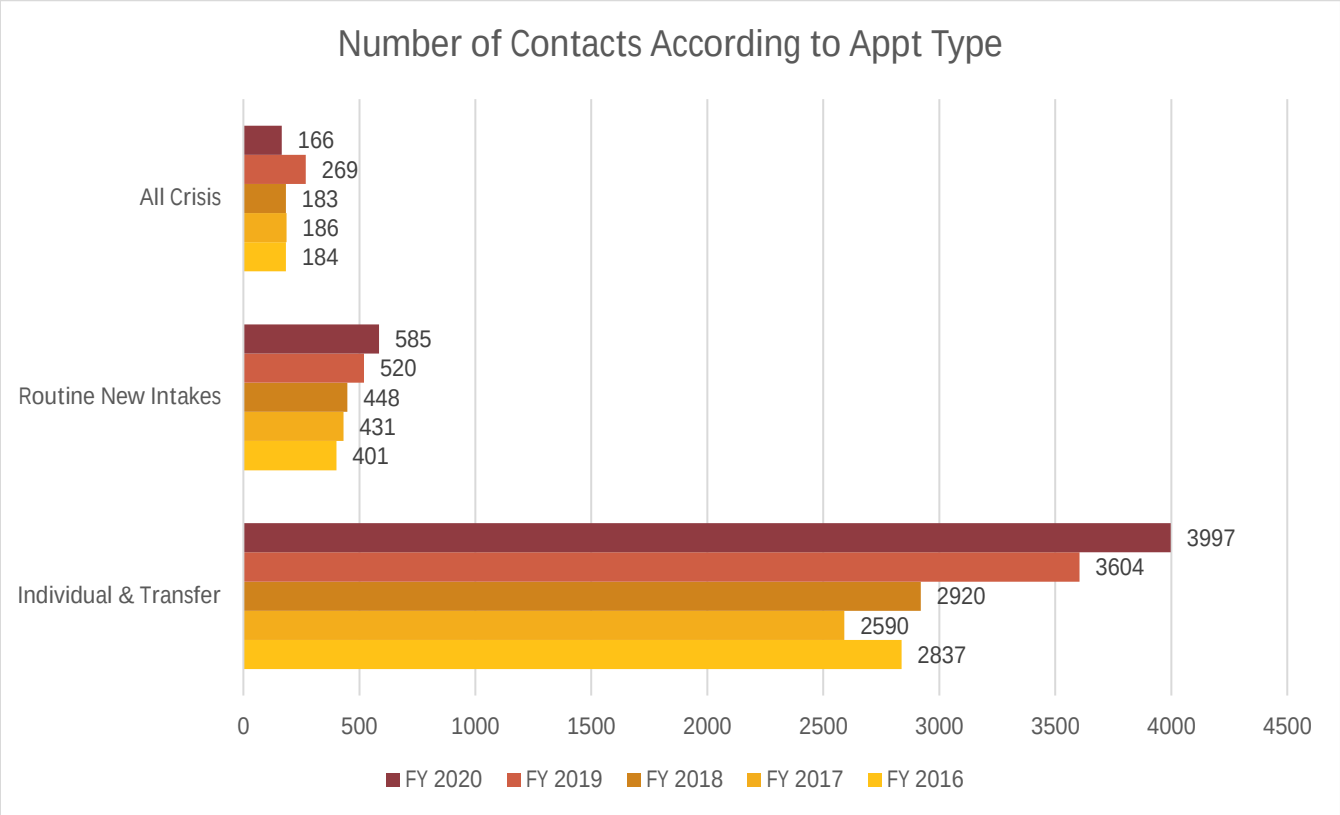
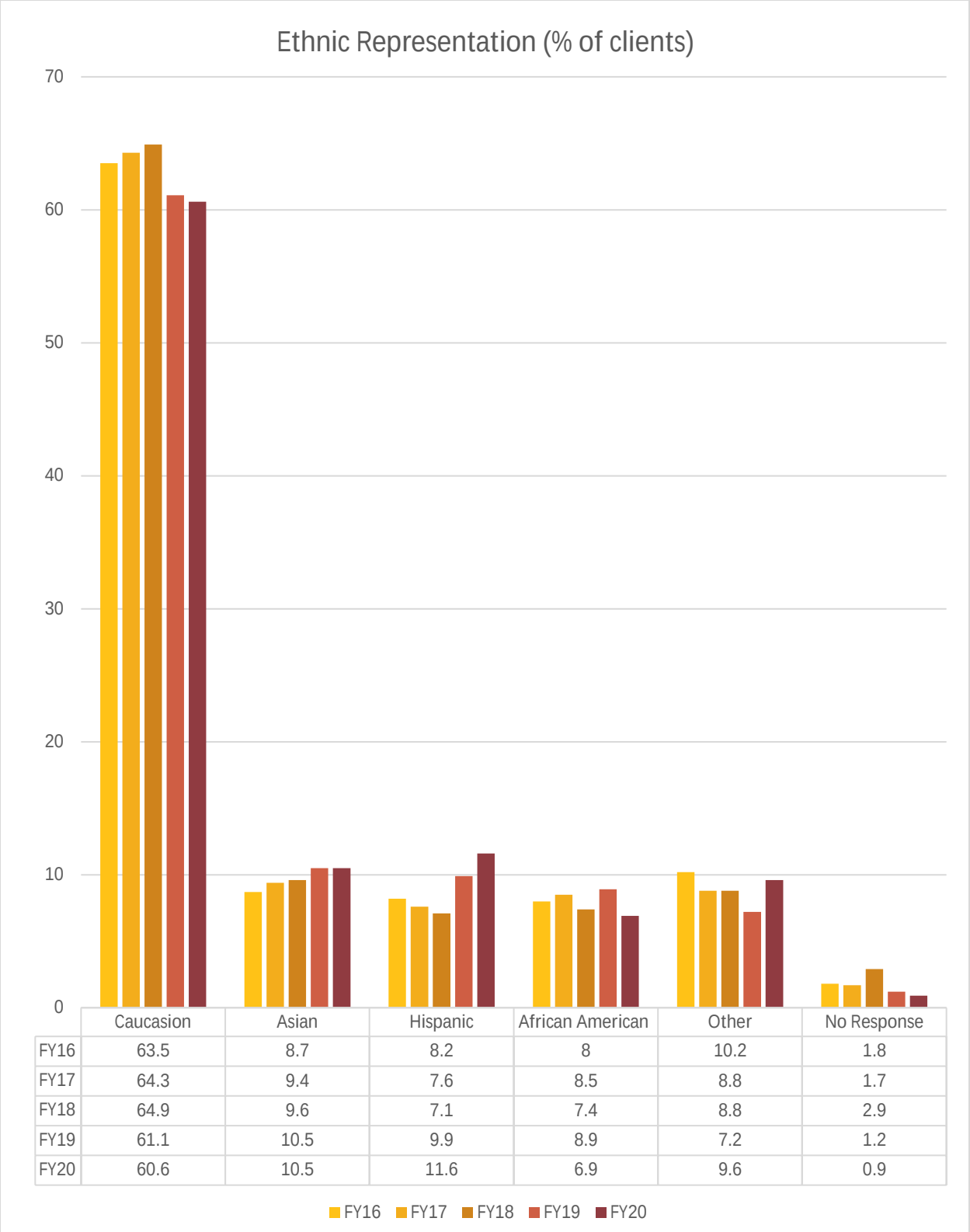
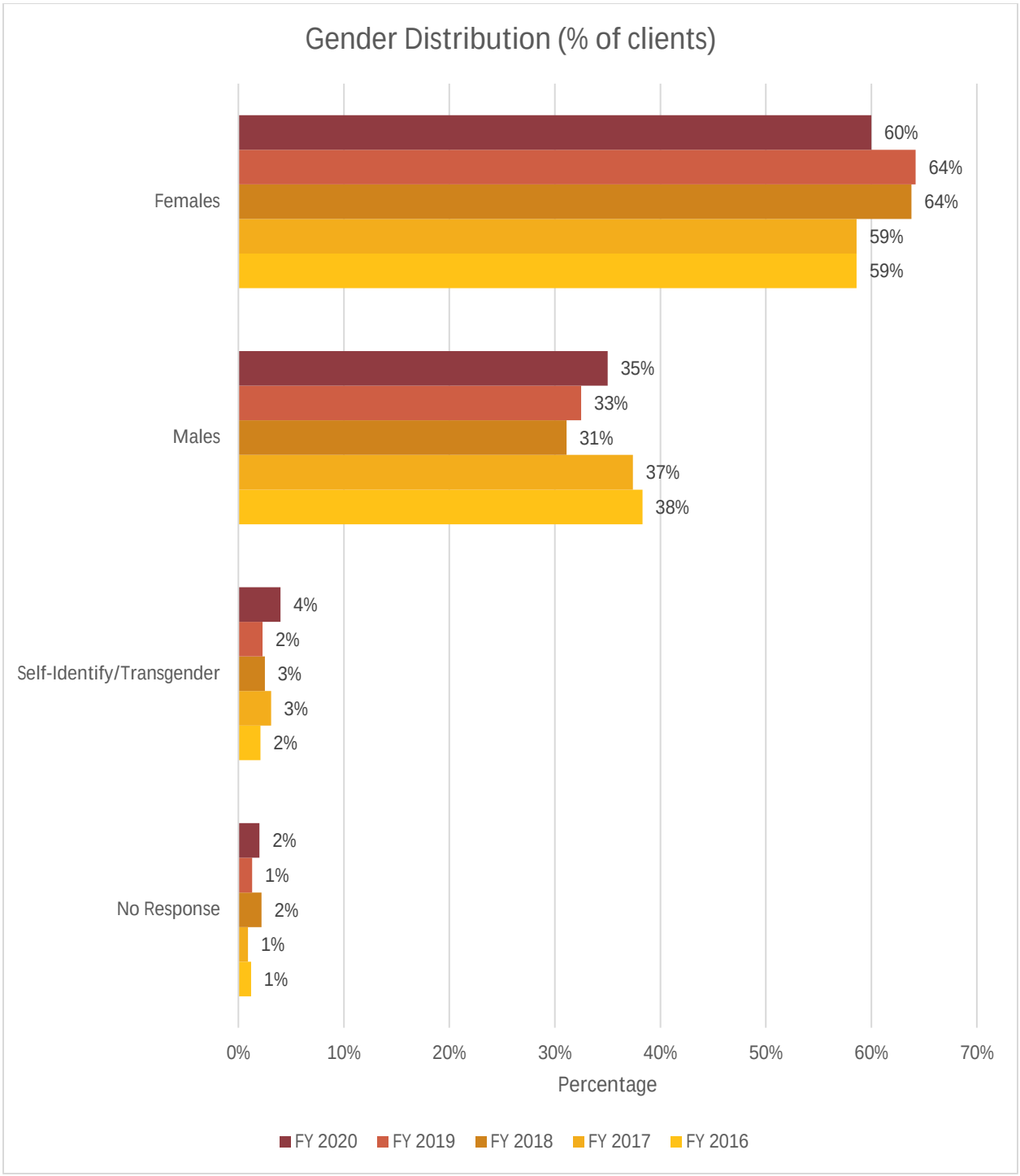
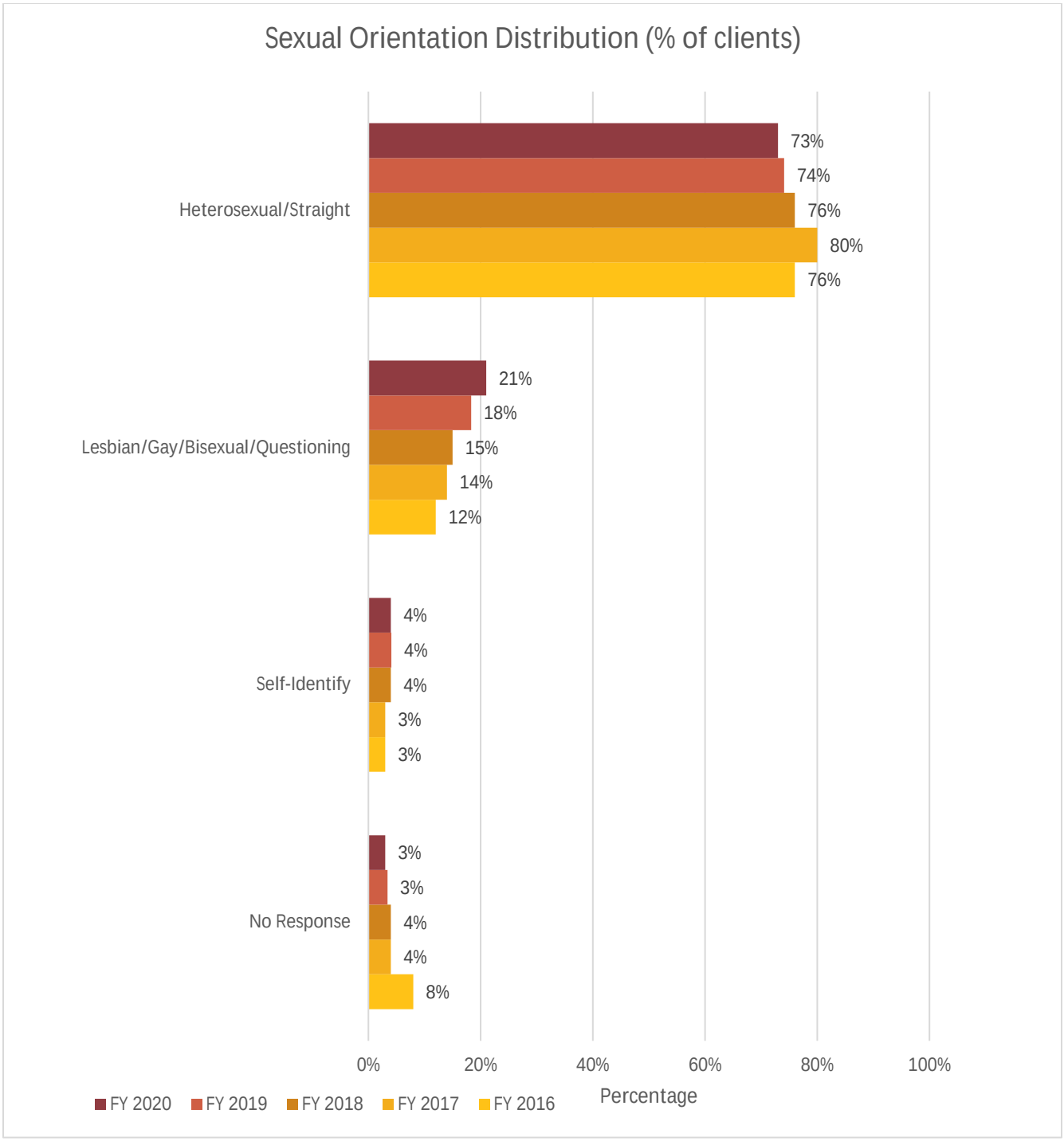

Number of Visits by Individual Clients
21+
16 to 20
11 to 15
6 to 10
1 to 5
4%
4%
5%
3%
6%
4%
3%
3%
2%
3%
7%
6%
5%
5%
6%
17%
17%
17%
17%
17%
68%
69%
71%
73%
68%
0%
10%
20%
30%
40%
50%
60%
70%
80%
FY 2020
FY 2019
FY 2018
FY 2017
FY 2016

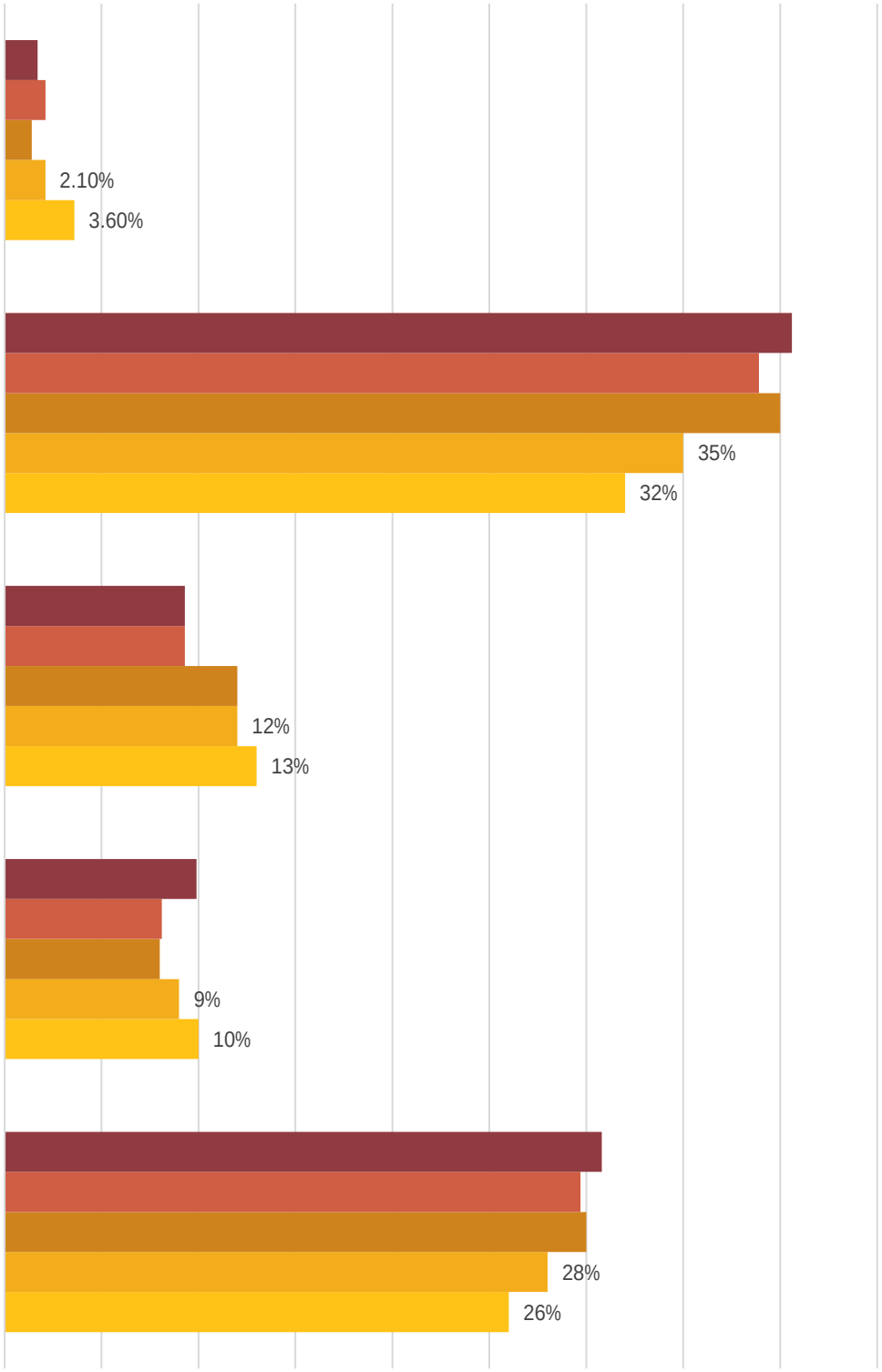

Number of Contacts According to Appt Type
All Crisis
Routine New Intakes
Individual & Transfer
166
269
183
186
184
585
520
448
431
401
3997
3604
2920
2590
2837
0
500
1000
1500
2000
2500
3000
3500
4000
4500
FY 2020
FY 2019
FY 2018
FY 2017
FY 2016



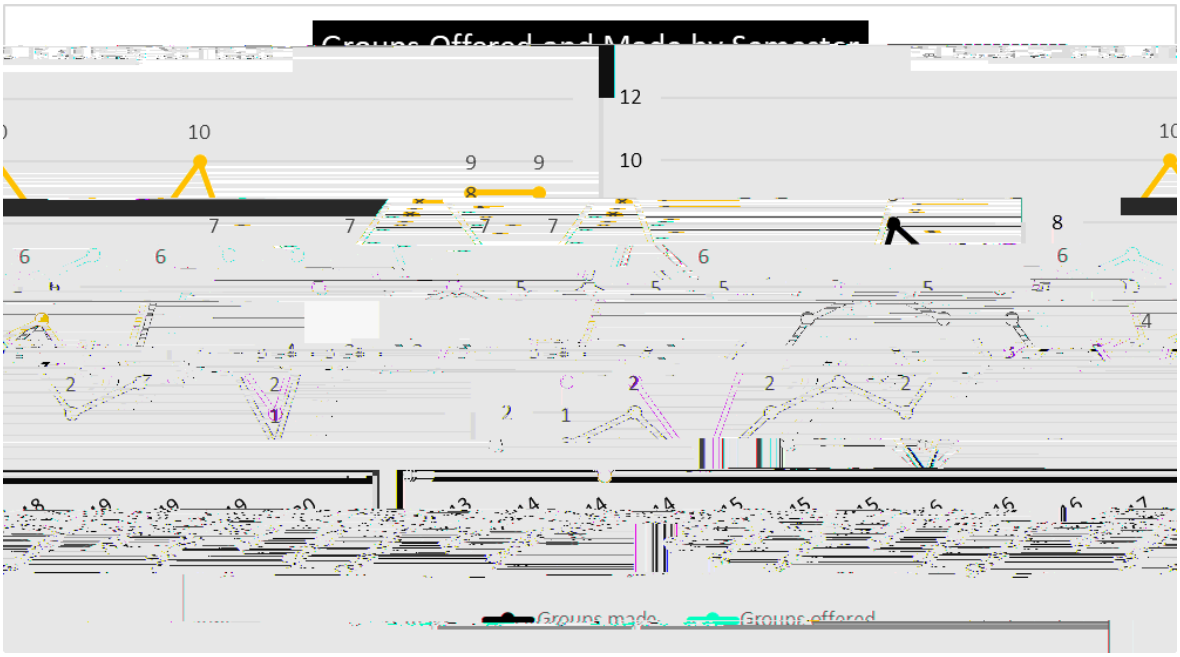
	Caucasion	Asian	Hispanic	African American	Other	No Response
FY16	63.5	8.7	8.2	8	10.2	1.8
FY17	64.3	9.4	7.6	8.5	8.8	1.7
FY18	64.9	9.6	7.1	7.4	8.8	2.9
FY19	61.1	10.5	9.9	8.9	7.2	1.2
FY20	60.6	10.5	11.6	6.9	9.6	0.9

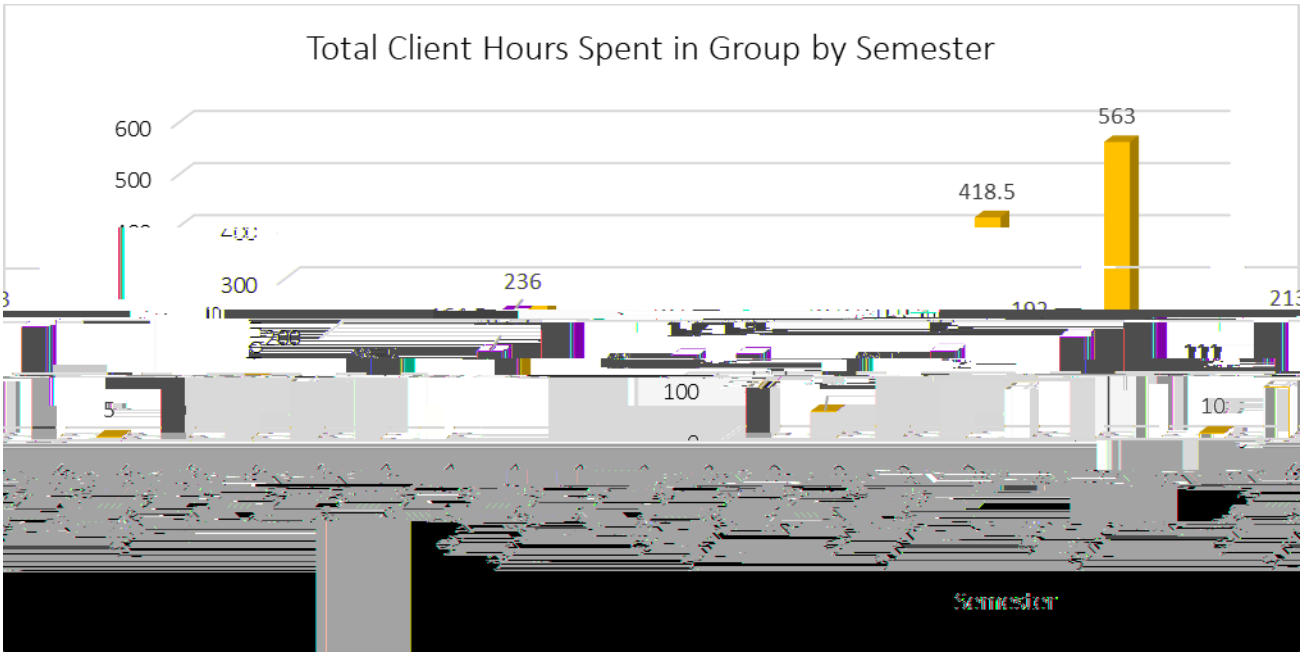

Gender Distribution (% of clients)
Females
60%
64%
64%
59%
59%
Males
35%
33%
31%
37%
38%
Self-Identify/Transgender
4%
2%
3%
3%
2%
No Response
2%
1%
2%
1%
1%
0%
10%
20%
30%
40%
50%
60%
70%
Percentage
FY 2020
FY 2019
FY 2018
FY 2017
FY 2016


Sexual Orientation Distribution (% of clients)
Heterosexual/Straight
73%
74%
76%
80%
76%
Lesbian/Gay/Bisexual/Questioning
21%
18%
15%
14%
12%
Self-Identify
4%
4%
4%
3%
3%
No Response
3%
3%
4%
4%
8%
0%
20%
40%
60%
80%
100%
Percentage
FY 2020
FY 2019
FY 2018
FY 2017
FY 2016


2.10%
3.60%
35%
32%
12%
13%
9%
10%
28%
26%

Group Therapy Coordinator Report




Total Client Hours Spent in Group by Semester
600
500
300
563
418.5
236
100
5
Semester

Prevention and Outreach Services

FY 20 Summary

Prevention is Intervention for the community

Prevention Services engaged in 399 hours of prevention and outreach and had 14,530 contacts with students, parents, staff/faculty, and community members. This averages out to providing services to 36 individuals per hour.

Created Prevention Ambassador program, and first cohort of ambassadors completed training semester consisting of 16 trainings on evidence-based strategies to engage the student body in prevention related topics.

In the spring semester the Prevention Ambassadors engaged in 90 hours of prevention and had 1,533 student contacts.

Goals:

Create Athletics Prevention Ambassadors program

Start weekly live social media engagement with Prevention Ambassadors

Begin recording Stories of Hope

Finalized #WSUWeSupportU Preventing Suicide Training (Completed Dec 2019)
307 individuals completed the Prevention Suicide training in FY 20. This brings the total of people trained in #WeSupportU Preventing Suicide to 810 since its launch in September 2018.
An additional 380 individuals engaged in other suicide prevention related interventions in FY 20.
From 2017-2019 WSU offered 3, third-party suicide prevention trainings offered to students, faculty, and staff. A total of 154 individuals completed one of these trainings in a 2 year period. The introduction of #WeSupportU Preventing Suicide training resulted in a 426% increase of suicide prevention training over 3, third-party trainings.

Continued collaboration with Blue Window and KDOT to create media campaign for not driving impaired. Due to COIVID-19, campaign was not utilized as it was designed for sporting events.

A total of 368 individuals engaged in some type of substance abuse prevention intervention. This is a 237% increase over FY19.

Goals:
Collaborate with Greek Life and Housing and Residence Life to increase AOD education.
Create #WeSupportU Preventing Substance Abuse training
Utilize Athletic PreventBT/Fn.

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